

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Spring Menu 2018

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main	Chicken Chow Mein 	Beef Lasagne with Garlic Bread 	Roast Gammon With Roast Potatoes and Gravy 	Beef Meatballs in a Tomato Sauce with Rice 	MSC Breaded Fish With Chipped Potatoes, Tomato Sauce 
	Vegetarian	Macaroni Cheese with Tomato topping 	Wholemeal Spinach & Tomato Quiche with New Potatoes 	Mixed Vegetable Loaf With Roast Potatoes and Gravy 	Potato & Courgette Layer Bake 	Glamorgan Sausage with Chipped Potatoes 
01-Jan 22-Jan 29-Feb 12-Mar	Dessert	Fruity Shortbread 	Apple and Mixed Berry Crumble & Custard 	Apple, Cheese and Biscuits 	Pineapple upside down Cake with Custard 	Pear & Ginger Muffin 

Available Daily
Freshly cooked jacket potatoes with a choice of fillings (where advertised)
Bread freshly baked on site daily
Daily salad selection
Fresh fruit and yoghurt

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		Monday	Tuesday	Wednesday	Thursday	Friday
Week 2	Main	Hot Dogs with Homemade Tomato Sauce and Homemade Jacket Wedges 	Wholemeal Barbecue chicken Pizza with ½ Baked Potato 	Roast Turkey with Roast Potatoes & Gravy 	Beef Spaghetti Bolognaise with Garlic Slice 	MSC Battered Fish Chipped Potatoes, Tomato Sauce 
	Vegetarian	Vegetable Wholemeal Pasta Bake 	Lentil and Vegetable Curry with Rice 	Cheese & Pepper Whirl with Roast Potatoes 	Mixed Bean Cassoulet with New Potato's 	Cheese and Tomato Pizza with Chipped Potatoes 
08-Jan 29-Jan 26-Feb 19-Mar	Dessert	Pear Crumble and Custard 	Banana Sponge & Custard 	Chocolate Cookie with Natural Yogurt 	Apple & Berry Strudel with Custard 	Chocolate and Orange Brownie 

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		Monday	Tuesday	Wednesday	Thursday	Friday
Week 3	Main	Beef Macaroni Pastitsio 	Turkey & Leek Pie with Mash Potato Topping 	Roast Chicken & Stuffing with Roast Potatoes and Gravy 	Beef Tortilla Stack & Rice with Garlic Slice 	MSC Salmon Fish Fingers with Chipped Potatoes, Tomato Sauce 
	Vegetarian	Chinese Vegetarian Spring Roll with Oven Baked New Potatoes 	Quorn Mince Pasta Bolognaise 	Vegetarian Wellington with Roast Potatoes 	Vegetarian Wellington with Roast Potatoes 	Cheese Tomato & Spinach Frittata with Chipped Potatoes 
15-Jan 05-Feb 05-Mar 26-Mar	Dessert	Carrot & Sultana Cake with Custard 	Apple & Raisin Flapjack 	Jelly with a Side of Mandarins 	Wholemeal Peach Crumble & Custard 	Lemon & Cucumber Cake 

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