



**WOKINGHAM  
BOROUGH COUNCIL**



9<sup>th</sup> February 2016

### Opportunity for your child to receive Bikeability Cycle Training

Dear Parent/Guardian

Loddon Primary School has been chosen as one of a number of schools in the Borough of Wokingham to receive Bikeability Cycle Training. This training is designed to give children the skills and experience to cycle safely and confidently. It is Cycling Proficiency for the 21<sup>st</sup> century and involves cycling in both an off-road playground environment and on roads around the vicinity of the school.

Children enjoy cycling and of course it brings many health benefits, develops confidence and gives them independence. Children who have been trained are much safer and, in addition, tend to cycle more. This training is being promoted by the Council and is being carried out by a company called Cycle Experience, [www.CycleExperience.com](http://www.CycleExperience.com)

The training will take place 9<sup>th</sup> March to 13<sup>th</sup> March I am writing to invite you to register your child for this training.

There are a limited number of places available, so please complete and return the attached form to the School Office by Monday 2<sup>nd</sup> March at the latest. In case we have more interest than we have places for preference will be given to those children who will be cycling to school once they have taken the course.

Your child will need to bring with them for all their course sessions:

- **A bike which is roadworthy.** (A bike check will be carried out on the first day and any bike which is not roadworthy will have to be fixed for your child to continue on the course. I've attached a bike check form to help you ensure that your child's bike is in a roadworthy condition.)
- **A bike which is the correct size** (Not too big and not too small)
- **A cycle helmet** (which again must be of the correct size and fit properly.)

In addition you will need to ensure that your child:

- **Has sufficient warm clothing** including **gloves** (sessions are between 1 and 2 hours and are outside) High visibility tabards are provided.
- **Has some wet weather clothing** e.g. a shower or waterproof jacket as a minimum and preferably some overtrousers. The training will continue in light to moderate rain but will be suspended if there is a heavy downpour.

*'If you are looking to purchase a bike for your child or any other members of your household please do have a look at our online shop which can be found at [www.CycleExperience.com/shop](http://www.CycleExperience.com/shop)*

*Our bikes are competitively priced with a price match guarantee and further discounts are available on certain items of accessories and clothing.*

## Cycle Training Registration Form – Loddon Primary School


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Your child will be attending a Level Two training course and therefore, there will be an expectation that they can ride a bike already, able to balance on their bike, look behind them without wobbling and hold a signal for at least 3 seconds.

They will receive a two hour refresher in the playground before we take them onto the roads. At the end of the training course they will either have achieved Level Two or Level One. If they achieve Level One you will receive a feedback form highlighting what your child did well and what they need further practice in to achieve Level Two at a later stage. On the very rare occasion where a child doesn't come out onto the road they will receive a Pre-Level One certificate and feedback form.

I do hope you will register your child for this training and look forward to receiving your completed forms by **Friday 12<sup>th</sup> February.**

Yours sincerely



Mrs Sarah Phillips  
Headteacher

## Cycle Training Registration Form – Loddon Primary School

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Child's/Children's name(s) (please print) \_\_\_\_\_

Parent/Guardian's Name (please print) \_\_\_\_\_

**I would like** to register the above child/children to take part in the cycle training and confirm that they will have a roadworthy bike and a helmet.

I confirm that my child will be cycling to school once they have taken the course

**I do not** wish my child/children to be photographed during the training

**I do not** wish my child/children to take part in the training.

If you are declining the offer of cycle training, can you tell us why? Your feedback will help us improve the services and opportunities that we offer.

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Medical or other conditions which may be of relevance:

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**Signature:**

**Date:**

**Contact telephone number:**

Please return this form to    The School Office

**by 12.02.16 at the latest**