

LODDON PRIMARY SCHOOL

Headteacher: Mrs S Phillips, MA ED (Open)

Silverdale Road, Earley, Reading, Berkshire, RG6 7LR

Tel: (0118) 9261449

Email: secretary@loddon.wokingham.sch.uk

www.loddonprimary.co.uk



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Dear Parents/Carers

Next half term we will be starting the 'Changing me' unit of work in PSHE. Some of the lessons in this unit are linked in an age appropriate way to our Sex and Relationship Education. Below are the lessons that will be taught. Please contact me if you require any further information about these sessions.

Year Three

1. How Babies Grow	I understand that in animals and humans lots of changes happen between conception and growing up, and that usually it is the female who has the baby. I can express how I feel when I see babies or baby animals.
2. Babies	I understand how babies grow and develop in the mother's uterus. I understand what a baby needs to live and grow. I can express how I might feel if I had a new baby in my family.
3. Outside Body Changes	I understand that boys' and girls' bodies need to change so that when they grow up their bodies can make babies. I can identify how boys' and girls' bodies change on the outside during this growing up process. I recognise how I feel about these changes happening to me and know how to cope with those feelings.
4. Inside Body Changes	I can identify how boys' and girls' bodies change on the inside during the growing up process and can tell you why these changes are necessary so that their bodies can make babies when they grow up. I recognise how I feel about these changes happening to me and know how to cope with these feelings.
5. Family Stereotypes	I can start to recognise stereotypical ideas I might have about parenting and family roles. I can express how I feel when my ideas are challenged and might be willing to change my ideas sometimes.
6. Looking Ahead	I can identify what I am looking forward to when I am in Year 4 I can start to think about changes I will make when I am in Year 4 and know how to go about this.

During Year Three Science lessons children's study of humans is in relation to nutrition and the skeleton. Science is a compulsory subject and there is no right for parents to withdraw their children from the Science curriculum.

Any parent wishing to exercise their right to withdraw their child from all or part of the PSHE teaching of Sex and Relationship Education must indicate this wish on the reply slip below by ticking the lessons they would like their child to be withdrawn from. If we don't receive a reply slip your child will participate in all sessions.

Kind regards

Mrs Didcock
Inclusion Leader



Childs Name and class:	I would like to withdraw my child from the following Year 3 SRE sessions (please tick)
How babies grow	
Babies	
Outside body changes	
Inside body changes	
Family stereotypes	
Looking ahead	
Signed:	Relationship to child:



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