

# LODDON PRIMARY SCHOOL

Headteacher: Mrs S Phillips, MA ED (Open)

Silverdale Road, Earley, Reading, Berkshire, RG6 7LR

Tel: (0118) 9261449

Email: [secretary@loddon.wokingham.sch.uk](mailto:secretary@loddon.wokingham.sch.uk)

[www.loddonprimary.co.uk](http://www.loddonprimary.co.uk)



19<sup>th</sup> May 2017

Dear Parents/Carers

Next half term we will be starting the 'Changing me' unit of work in PSHE. Some of the lessons in this unit are linked in an age appropriate way to our Sex and Relationship Education. Below are the lessons that will be taught. Please contact me if you require any further information about these sessions.

## Year Six

1. Self and Body Image	I am aware of my own self-image and how my body image fits into that. I know how to develop my own self esteem.
2. Puberty (Lessons taught in single sex groups)	I can explain how girls' and boys' bodies change during puberty and understand the importance of looking after yourself physically and emotionally. I can express how I feel about the changes that will happen to me during puberty.
3. Girl Talk/Boy Talk (Lessons taught in single sex groups)	I can ask the questions I need answered about changes during puberty I can reflect on how I feel about asking the questions and about the answers I receive.
4. Babies - Conception to Birth	I can describe how a baby develops from conception through the nine months of pregnancy, and how it is born. I recognise how I feel when I reflect on the development and birth of a baby.
5. Attraction	I understand how being physically attracted to someone changes the nature of the relationship . I can express how I feel about the growing independence of becoming a teenager and I am confident that I can cope with this.
6. Transition to Secondary School	I can identify what I am looking forward to and what worries me about the transition to secondary school. I know how to prepare myself emotionally for starting secondary school.

During Year Six Science lessons children will be taught the human circulatory system, recognise the impact of diet, exercise, drugs and lifestyle on the way their bodies function and revise teaching from previous years. Science is a compulsory subject and there is no right for parents to withdraw their children from the Science curriculum.

Any parent wishing to exercise their right to withdraw their child from all or part of the PSHE teaching of Sex and Relationship Education must indicate this wish on the reply slip below by ticking the lessons they would like their child to be withdrawn from. If we don't receive a reply slip your child will participate in all sessions.

Yours sincerely

Mrs Didcock  
Inclusion Leader



<b>Childs Name and class:</b>	I would like to <b>withdraw</b> my child from the following Year 6 SRE sessions (please tick)
Self and body image	
Puberty	
Girl Talk/Boy Talk	
Babies Conception to birth	
Attraction	
Transition to secondary school	
<b>Signed:</b>	Relationship to child: