

Working together to realise the potential in everyone



Your guide to Parent/Carer Support at Loddon Primary School



**Helping Families get the most
out of school life**

Parent Support

Offering friendly support and information to parents, carers and families

There are times when we all need a little extra support and guidance, someone to talk to and discuss ideas. Someone who is non-judgemental, someone who will listen and offer support.

Parent Support Advisors help parents and carers achieve positive outcomes for their children. This may include providing information, organising group events, giving practical help or offering a listening ear.

Parent Support Advisors aim to:

- ◆ Help parents & carers support their child's learning
- ◆ Build parents' & carers' confidence in dealing with parenting issues
- ◆ Strengthen relationships and communication between home, school and other professionals
- ◆ Encourage involvement in school activities

Your Parent Support Advisor at Loddon Primary School can:

- ◆ Offer one to one support for parents and children
- ◆ Provide access to workshops and events
- ◆ Organise regular drop in sessions and events to meet other parents and carers
- ◆ Provide information on other services and support available in the

You might want to talk to your Parent Support Advisor about things like this:

I would like information on ...



I need help with ...

How can I help my child with their homework?

My child is starting or leaving school!

How can I meet other parents?

Things are tough for me at the moment.

I'm having money problems

I just need someone to talk to!

I'm thinking of returning to work. What sort of help can I get?

I'm worried about ...

My child's not happy at school. What can I do?

I want to improve my child's behaviour, sleeping, eating, ...

I want to learn new skills

There's been a change in my family's circumstances



The Parent Hut



A room for parents and carers to use before school, during school, after school and during term-time

Regular Events

These groups run each week during term-time. Come along and meet some new people!

Wednesdays

9-10am Parent/Carer Tea & Coffee

All welcome including pre-school children. Toys are available. No need to book just drop in!

We sometimes share parenting skills such as arts and crafts, cooking skills, discuss places to visit and many other discussions take place.

Great place to meet and greet other parents and carers too.



Fridays

9:30—11am International Parent and Toddler Group

For all parents of children with under 5's run by Red Kite Children's Centre
Contact: 0118 908 8181



Other Events

We hold many workshops and courses for parents and carers to attend. Courses that we offer are accredited English reading and writing, Maths, A certified Paediatric First Aid course, and many more ... which are provided by Wokingham and Bracknell adult learning centre. Who also provide engaging community projects which are signposted in the parent hut on the Events board. In the past these courses have been very successful and helped parents further support their children's learning.

Workshops are offered such as: Managing Anxiety, Sleep well, E-Safety, Managing challenging behaviour, Building positive strategies for parents and many more ...

Loddon Primary is part of the Earley Cluster of Schools and parents can attend workshops at a variety of local schools.

Dates, times and venues are advertised in Loddon's school newsletter, via posters on school noticeboards and on the school website.

If you have any ideas on events and workshops that families would benefit from, contact your Parent support advisor.

Parent Forum

We are proud to announce that we have introduced a Parent Forum.

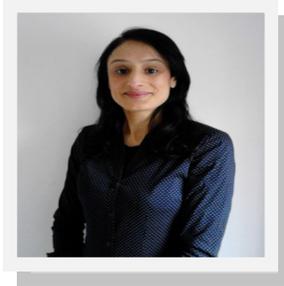
Giving you, an opportunity to find out more what goes on in school and offer your opinions in school on matters that are important to you if you would like to contribute please speak to your PSA.

Look out for meeting dates in the school newsletter !

**Helping parents, carers and families
get the most out of school life**

**Parent Support Advisor
at Loddon Primary School**

Kam Bhogal



I'm a parent of two myself I know that parenting is not an easy job and at times things can get tough. I'm here to help you as a parent or carer to deal with any worries or concerns.

For support on any issue please contact me:

07530 057905

or email me at:
psa@loddon.wokingham.sch.uk

Alternatively fill in the Contact Request Form on the back of this leaflet

Parent Support **REQUEST FOR CONTACT**

If you feel that you need information, help or support which your Parent Support Advisor may be able to provide, please fill in your details below. You can hand this form in at the school office or to your child's teacher or to your Parent Support Advisor directly.

To keep your request private, put it in a sealed envelope marked for the attention of Kam Bhogal, Parent Support Advisor

Your name

Your telephone number(s)

Your email (optional)

Your address (optional)

Best time to contact you

OPTIONAL Please indicate what you would like help with (or circle the boxes over-leaf):



Earley Cluster Partnership

The Earley Cluster Partnership consists of 7 Primary Schools in the area. Our aim is to work together and share expertise for the benefit of our parents and children.

We seek to work together with the local community, including businesses, to enhance the quality of opportunities for our families.

